

TEMAZEPAM

History	<p>In the mid-1980s serious concerns emerged over the non-medical use of Temazepam.</p> <p>The supply of heroin was significantly reduced and users were looking for a more available injectable substitute and Temazepam soon became the drug of choice for many users. In 1989 manufacturers changed the formulation from liquid to gel (Gelthix) to discourage injection.* Temazepam was used to 'chill out' following the use of ecstasy. Users have reported 'invisible and invincible syndrome'.</p> <p>NB Don't confuse with temgesic.</p>
Street name	Jellies, ruggers, rugby balls, eggs, norries.
Type	Depressant, downer.
Drug Effect	Depressant (downer). Effects last 6 – 10 hours. Short / medium acting.
Dependency	Yes.
Description	Elixir. White scored tablets (10mg and 20mg)
Street use	Swallowed, injected.
Withdrawal	Begin within 3 days and may last for months. Gradual withdrawal under medical supervision is recommended. Symptoms include anxiety, restlessness, tremor, unreality, distortion of perception. There is a risk of seizure among heavy users if sudden withdrawal. Gradual withdrawal under medical supervision is recommended.
Long term use	*When heated Gethix turns to liquid which returns to gel when reaching the cooler blood stream temperature – can result in blocked veins leading to gangrene and ultimately the loss of limbs.
Overdose	Death from overdose is rare but risks increases if Temazepam is mixed with opiates, barbiturates, alcohol.
Legal Status	Prescription only medicine. Class C, Schedule 3.